



Program Options at a Glance

Not sure which program pathway is right for you? Explore the core components of each pathway in the table below to see which one best supports your unique needs and goals in preparing you for medical school.

CORE COMPONENTS	Silicon Valley Cohort	Central Coast Cohort ¹	DIY Individual Courses
Student Profile			
Academic Enhancers	✓	✓	✓
Career Changers	✓	✗	✗
International Students ²	✓	✗	✓
Format			
Structured Cohort	✓	✓	✗
Self-paced Schedule	✗	✗	✓
Location			
Hybrid (Marina, CA + Online)	✗	✓	✗
Hybrid (Santa Clara, CA + Online)	✓	✗	✗
Fully Online option ³	✓	✗	✓
Courses + Supplemental Instruction			
UC Science Courses	✓	✓	✓
MCAT Prep	✓	✓	✓
Postbacc Workshops & Seminars	✓	✓	✗
Pre-Health Advising ⁴	✓	✓	✗
Partnerships⁵			
Mentorship	✓	✓	✗
Pathways to Medical School	✓	✓	✗

¹ Central Coast Cohort Students are required to be CA residents committed to practicing in underserved communities of CA.

² We are unable to offer visa sponsorship at this time. This program can be completed fully online with advance approval.

³ Local Cohort students are encouraged to attend seminars and workshops in-person to take advantage of networking opportunities.

⁴ Academic advising is included for cohort students free of charge. DIY students have the option to purchase pre-health advising sessions.

⁵ Partnerships are prioritized for cohort students. DIY student participation in pre-health advising sessions is required for access to partnerships.



Cohort Sample Schedule & Costs

SAMPLE Student Schedule

SAMPLE Schedule (Summer Start)	1-Year Cohort Course Schedule	2-Year+ Cohort Course Schedule
Year 1		
Quarter 1 (Summer)	<ul style="list-style-type: none"> Science Courses Postbacc Workshop Series 	<ul style="list-style-type: none"> Science Courses Postbacc Workshop Series
Quarter 2 (Fall)	<ul style="list-style-type: none"> Science Courses Postbacc Seminar Series 	<ul style="list-style-type: none"> Science Courses Postbacc Seminar Series
Quarter 3 (Winter)	<ul style="list-style-type: none"> MCAT Prep Postbacc Workshop Series 	<ul style="list-style-type: none"> Science Courses Postbacc Workshop Series
Quarter 4 (Spring)	<ul style="list-style-type: none"> Science Courses Postbacc Seminar Series 	<ul style="list-style-type: none"> Science Courses Postbacc Seminar Series
Year 2		
Quarter 5 (Summer)		<ul style="list-style-type: none"> Science Courses
Quarter 5 (Fall)		<ul style="list-style-type: none"> Science Courses
Quarter 7 (Winter)		<ul style="list-style-type: none"> MCAT Prep
Quarter 8 (Spring)		<ul style="list-style-type: none"> Science Courses
Note: Science Courses should be taken according to recommendations from your academic advisor. The goal of the cohort program is to help students become more competitive applicants to medical school. Some 1-year cohort students may need to take additional science courses beyond the four scheduled quarters if it strengthens their application and enhances their competitiveness.		

SAMPLE Course Schedule and Associated Costs

Programs are tailored to the unique needs of each student. The final cost per cohort student may vary depending on the number of science courses taken.

COHORT PROGRAM COSTS <i>on average*</i>	Program Component	Schedule	Location	Cost
1-Year Cohort Students: \$14,000	Non-refundable Enrollment Fee	Upon Acceptance	N/A	\$1,250
2-Year Cohort Students: \$21,200	Postbacc Workshops and Seminar Series	4 sessions per quarter, 4 hrs per session Saturdays 10am-3pm (with 1 hour break)	Central Coast Cohort UCSC MBEST CENTER, in Marina Silicon Valley Cohort Silicon Valley Campus, in Santa Clara	\$1,000 per quarter
	MCAT Prep	Dates vary by session	Live-online (remote)	\$1,550
	UC Science Courses	Refer to UC course details	Refer to UC course details	Varies (pay as you go)

**This total cost assumes the average student takes 6 science courses per year at \$1,200 per course. Individual course costs may vary.*