



Program Options at a Glance

Not sure which program pathway is right for you? Explore the core components of each pathway in the table below to see which one best supports your unique needs and goals in preparing you for medical school.

CORE COMPONENTS	Silicon Valley Cohort	Central Coast Cohort ¹	DIY Premed	DIY Pre-health
Student Profile				
Academic Enhancers	✓	✓	✓	✓
Career Changers	✓	✗	✗	✓
International Students ²	✓	✗	✓	✓
Format				
Structured Cohort	✓	✓	✗	✗
Self-paced Schedule	✗	✗	✓	✓
Location				
Hybrid (Marina, CA + Online)	✗	✓	✗	✗
Hybrid (Santa Clara, CA + Online)	✓	✗	✗	✗
Fully Online option ³	✓	✗	✓	✓
Courses + Supplemental Instruction				
UC Science Courses	✓	✓	✓	✓
MCAT Prep	✓	✓	✓	✗
Postbacc Workshops & Seminars	✓	✓	✗	✗
Pre-Med Advising (complimentary)	✓	✓	✗	✗
Pre-Health Advising Sessions (for a fee)	✗	✗	✓	✓
Partnerships⁴				
Mentorship	✓	✓	✗	✗
Pathways to Medical School	✓	✓	✗	✗

¹ Central Coast Cohort Students are required to be CA residents committed to practicing in underserved communities of CA.

² We are unable to offer visa sponsorship at this time. This program can be completed fully online with advance approval.

³ Local Cohort students are encouraged to attend seminars and workshops in-person to take advantage of networking opportunities.

⁴ Partnerships are prioritized for cohort students. DIY student participation in pre-health advising sessions is required for access to partnerships.



SAMPLE Cohort Schedule

SAMPLE Schedule (Summer Start)	1-Year Cohort Course Schedule	2-Year+ Cohort Course Schedule
Year 1		
Quarter 1 (Summer)	<ul style="list-style-type: none"> Science Courses Postbacc Workshop Series 	<ul style="list-style-type: none"> Science Courses Postbacc Workshop Series
Quarter 2 (Fall)	<ul style="list-style-type: none"> Science Courses Postbacc Seminar Series 	<ul style="list-style-type: none"> Science Courses Postbacc Seminar Series
Quarter 3 (Winter)	<ul style="list-style-type: none"> MCAT Prep Postbacc Workshop Series 	<ul style="list-style-type: none"> Science Courses Postbacc Workshop Series
Quarter 4 (Spring)	<ul style="list-style-type: none"> Science Courses Postbacc Seminar Series 	<ul style="list-style-type: none"> Science Courses Postbacc Seminar Series
Year 2		
Quarter 5 (Summer)		<ul style="list-style-type: none"> Science Courses
Quarter 5 (Fall)		<ul style="list-style-type: none"> Science Courses
Quarter 7 (Winter)		<ul style="list-style-type: none"> MCAT Prep
Quarter 8 (Spring)		<ul style="list-style-type: none"> Science Courses
<p>Note: Science Courses should be taken according to recommendations from your academic advisor. The goal of the cohort program is to help students become more competitive applicants to medical school. Some 1-year cohort students may need to take additional science courses beyond the four scheduled quarters if it strengthens their application and enhances their competitiveness.</p>		

SAMPLE Cohort Course Schedule and Associated Costs

Programs are tailored to the unique needs of each student. The final cost per cohort student may vary depending on the number of science courses taken.

COHORT PROGRAM COSTS <i>on average*</i> 1-Year Cohort Students: \$14,000 2-Year Cohort Students: \$21,200 <i>*This total cost assumes the average student takes 6 science courses per year at \$1,200 per course. Individual course costs may vary.</i>	Program Component	Schedule	Location	Cost	
	Non-refundable Enrollment Fee	Due upon acceptance	Online		\$1,250
	Postbacc Workshops and Seminar Series	4 sessions per quarter, 4 hrs per session Saturdays 10am-3pm (with 1 hour break)	Central Coast Cohort UCSC MBEST CENTER, in Marina Silicon Valley Cohort Silicon Valley Campus, in Santa Clara		\$1,000 per quarter
	MCAT Prep	Dates vary by session	Live-online (remote)		\$1,550
	UC Science Courses	Refer to UC course details for schedule	Refer to UC course details for location		\$1,200 per course - costs may vary



SAMPLE DIY Course Costs

All items offered for the DIY program are optional and a la carte. Simply select the options that are right for you. Need a little guidance to get started? Enroll in the program to receive 1 advising session to get you started on your postbacc journey.

Program Component	Schedule	Location	Cost
Enrollment Fee for 1 advising session (non-refundable)*	At the start of your program	Live-online (by appointment)	\$250
Advising	3 sessions by appointment	Live-online (remote)	\$500
MCAT Prep	Dates vary by session	Live-online (remote)	\$1,550
UC Science Courses	Refer to UC course details	Refer to UC course details	\$1,200 per course - costs may vary

*Note: Enrollment is not required for DIY students to register for individual courses or advising.

SAMPLE DIY Pathway Costs

Although each DIY student will be unique, here are 3 scenarios to see how the DIY program costs could play out.

DIY Student #1	DIY Student #1 only needs a few science courses and would like the support of an advisor to get access to mentorship opportunities.	Program completed in 2 quarters	✓ Advising package 1 x \$500 = \$500 ✓ UC science courses 3 x \$1,200 = \$3,600	Total program cost = \$4,100
DIY Student #2	DIY Student #2 needs support with MCAT prep, but isn't sure if they need more, so they enroll in the program to speak to an advisor and MCAT Prep.	Program completed in 1 quarter	✓ Enrollment fee 1 x \$250 = \$250 ✓ MCAT Prep 1 x \$1,550 = \$1,550	Total program cost = \$1,800
DIY Student #3	DIY Student #3 is looking to take 6 science courses and MCAT Prep, but does not need guidance from an advisor.	Program completed in 4 quarters	✓ MCAT Prep 1 x \$1,550 = \$1,550 ✓ UC science courses 6 x \$1,200 = \$7,200	Total program cost = \$8,750